

# Making Sense of Fragmented Lives through Life Story Work

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Richard teaches and lectures internationally and provides professional consultancy throughout the UK. Richard is currently working with local authorities and independent commissioners providing assessment, direct work and consultancy for complex children and family cases. He also provides expert witness statements on behalf of family courts for traumatised children.

## Richard Rose Director

Richard Rose (MBA, BPhil, PGSWE, PQCCA, CQSW) is an author as well as an adjunct Associate Professor at La Trobe University in Melbourne, Australia.

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## Learning Outcomes

- ✔ Gathering and collating information
- ✔ The importance of identity and meaning
- ✔ Listening and interpretive skills
- ✔ The significance of 'magical thinking'
- ✔ Working with the 'stuck' child
- ✔ Techniques for producing the Life Story book

## Training Objectives

An in-depth understanding of the Life Story process and how this work helps children to make sense of their past so that what has happened to them does not dominate, control, or inhibit the present. Based on Richard Rose's book, 'Life Story Therapy with Traumatized Children - A Model For Practice', attendees will be shown at least 15 techniques which have been successfully utilised to assist children in communicating their trauma.



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